

MEREWETHER PUBLIC SCHOOL



Thursday 26/11	Friday 27/11	Monday 30/11	Tuesday 1/12	Wednesday 2/12
Kinder Orientation	Assembly Item 6R		Newcastle High School Orientation	

From the Principal's desk

There is so much going on around the school. The gardens are blooming, the grass is growing, and the children are enjoying the summer like weather. This weekend we are opening the school gates to groups of families to come into the school for a mini Working Bee. We hope to see family groups come into the school to take on some jobs that need doing. We will meet at 8am under the covered area outside the school hall to give out the tasks. Some of the tasks we would like to achieve include laying mulch, painting, trimming plants and general gardening.

Please bring:

Hats, sunscreen, water bottles, wheelbarrows, shovels, rakes, secateurs, gardening gloves, waterjet sprayers etc.



Working Bee

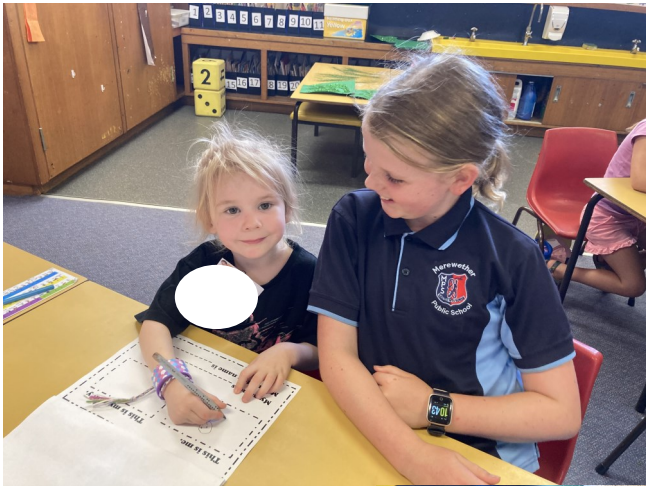
'Slap on a Hat' - and be proud of it!

It has been reported in recent media articles that in nearly half of the state's primary schools sun-safe hats are not being worn during outside play and sport. Not so at Merewether Public School! We keep to our positive school policy of 'No Hat – No Play'. Students are required to wear a school hat before school, during outdoor lessons, during school breaks and on the way home after school. If a student has forgotten their school hat, no substitution hat is allowed. They are permitted to play under the shade cloth areas only. Please chase up your children to be sure they always have a school hat with them every day!

The NSW Department of Education only considers full brimmed hats to be compliant at school. The only way we can assure the safety of the hats worn at school is to enforce the wearing of the school's sun-safe 'bucket' hat. Please ensure that your child has the school hat to wear at school. The hats are available for \$15 at the school's uniform shop.



Our Wonderful Buddies with some of our Kindergarten students 2021



Ice Block Days

Lemonade Icy Poles will be on sale each Monday, Tuesday and Wednesday in break two. Cost is \$1 each.



Year 6 Students

Don't forget to make your payment and return your menu choice for the Year 6 farewell which is being held at the Kavon Theatre Restaurant on Friday December 11.



Glenrock Lagoon Walk—Year 6

We have prepared a special outing for Year 6 through the serene Glenrock State Conservation area on Tuesday December 8. Students will be guided down the Yuelarbah Walking Track by staff and Mr Begnell our Aboriginal Education Learning Support officer and Bushwalk Guide. The walk will conclude at Merewether Baths where a free picnic lunch will be provided and then the students will have time for a post walk swim. Please return your permission note and \$10 for the bus fare to the school office ASAP.



Big Day In

As part of our end of year celebrations, MPS will be hosting a "Big Day In" for all students on Tuesday December 15.

We are delighted to be inviting "Supreme Incursions" to our school to host a STEM-based Billy Cart Workshop.

Students will take part in the design and creation of a billy cart, complete with equipment, tools and expert advice. The day will conclude with a billy cart race around a race track. Permission notes have been sent home so please return with your payment ASAP to the school office.



Congratulations to all award recipients

KJ Neave W Aaylah S Charlotte W Reuben D	1V Alex B Jason K Jacey P Kalarni T Ruben M	2N Angus M Harry M Zara S Sarah S Kooriarna S	3M
3/4LM Dylan T Ivy B Kaelin G Mia J Hannah C Themba M Lucy H	3/4/5P Jackson Y Matilda B Will G Edie C Olivia H Montana M	6R Jessie T Jessica W Tylah L Vusi M Angus N	Drawing Comp Awards Sophia B Owen T Ruby L Alfie B Jessica W Leo T Jessie W Louie J Max M Matilda B Edie C Anderson Nash P

Kindergarten 2021

Do you have children who will be starting school next year at Merewether Public School ? or maybe you have a neighbour, friend or relative who have children starting school next year. Please phone the school office with details as soon as possible.



COVID Symptoms

Please remember that if any student is absent from school with Sore throat, temperature, cough or any other Cold/Flu like symptom, the school will require a negative COVID test result before the student can return to school.



Good for Kids good for life

RECIPE: BEEF AND BROCCOLI PASTA

Serves 4

Ingredients:

- 🍎 1 medium onion, finely chopped
- 🍎 1 tsbp olive oil
- 🍎 2 cloves garlic
- 🍎 400g lean beef mince
- 🍎 1 medium capsicum, chopped
- 🍎 1 tin no-added-salt chopped tomatoes
- 🍎 250g wholemeal penne
- 🍎 1 head broccoli, chopped in to florets
- 🍎 1/3 cup grated cheese



Method:

1. Fry onion and garlic in oil for 2-3 minutes on medium-high heat. Add beef mince and cook, stirring until brown (about 5 minutes).
2. Add in capsicum and tomatoes. Reduce heat to low and simmer for 10 minutes.
3. Meanwhile, cook pasta in boiling water until al dente. Add broccoli for last 1-2 minutes of cooking. Drain. Stir pasta and broccoli in to beef and tomato mixture.
4. Serve and top with cheese.

Variations: Add in herbs such as basil, oregano, rosemary for extra flavour. Before serving, place in baking tray, top with cheese and bake 15 minutes at 180 degrees Celcius.

Recipe adapted from healthyfoodguide.com.au



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



Dates for your Diary

Saturday 28th Nov 9am - 12pm

Working Bee

Thursday 3rd Dec (Wk. 8)

Movie Night



Working Bee!!!

This Saturday 28th November

9am -12pm

Jobs include: painting stairs, doors, chessboard / gurney cleaning / weeding and mulching gardens, general gardening

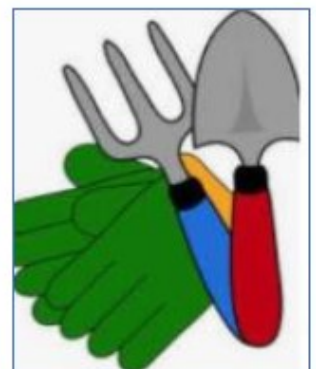
Please bring:

- Hat, sunscreen, water bottles
- Wheelbarrow / gloves / garden tools / rake / shovel and anything else you think of

P&C will provide a sausage sizzle.

Covid safety:

- Please arrive at the School Hall to sign in
- Sanitiser provided
- Jobs will be allocated - working in small groups



MOVIE NIGHT

Thursday 3rd December (Week 8)

Wear your Pyjamas. Bring a pillow and a blanket.

\$5 pay on the night: MPS Students Only

Includes popcorn or chips, and a drink

Movies start 5:45pm (Arrive 5:30pm School Hall)

Collect Students at 7:15pm School hall



Kindy - Year 2

Bolt

in the STEAM Hall

Movies:



Year 3- Year 6

Onward

in the School Hall



\$5
Admission and
snack+drink

