

# MEREWETHER PUBLIC SCHOOL



## REMINDER—Parent Information Sessions

**Parent Information Meetings on tonight Wednesday 21 February 2018.**

The sessions will be-

**5.30 to 6pm for KJ, 1V, 1/2N and 2/3S classes**

**6.15 to 6.45pm for 3/4P, 4/5R and 5/6M classes.**

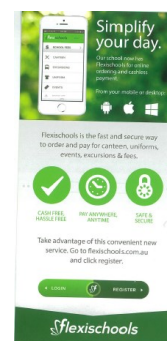
The classroom teachers will give you a general idea of how the classes are run, discuss homework and answer any general questions. The meetings will be held in your child's classroom and will run for approximately half an hour. This is a general information session – if you have any concerns regarding your child please make an appointment to speak to your child's teacher at another time.

## Canteen

A new menu has been introduced from *Response* for lunch orders and is attached to this newsletter.

## Lunch ordering—Simplify Your Day

Its easy to order your child/rens via the **flexischools** website-



- Step 1 Register**  
 Google *flexischools*  
 Click on Register button  
 You will need to enter your email address, they will send you an email containing the flexischools link  
 Click on link  
 Click on New User Registration—complete and submit  
 Type in Merewether Public School  
 Enter student's year into both boxes  
 You have now created your home page—**this page will then come up each time you need to place an order**
- Step 2 Top up your account**  
 Choose from Visa, Mastercard, Paypal or direct deposit.  
 Enter amount and submit
- Step 3 Order and Pay**  
 Click online ordering  
 Choose date—**Reminder Orders must be placed by 9am**  
 Select from the menu  
 Save and continue  
 Click next  
 Click place order
- Step 4 Review Order—** You can set a recurring order, view transaction history or cancel an order.

Please read the P & C News later in this newsletter for the update on when the P & C starts canteen counter sales .

## Parent/Carer Information Update 2018

Today each family will receive a Parent/Carer Information update form for 2018.

Please all complete all sections (both pages), read the medical and general information, then sign and date form.

Please return completed form to the school office by Friday 9 March 2018.

## School Uniform

All students must wear the school hat and **only the school hat**. No other hats are to be worn. **NO HAT NO PLAY**

Hats are available from the Uniform Shop \$15 each.

As the weather has changed this week, students are wearing jumpers and jackets. Please make sure your child has a school jacket or jumper. No other jumpers to be worn.

Half Zip Jumpers are now \$15, School Jackets \$30 and the knitted jumper is \$45. All available from the school Uniform Shop.

**Reminder** it is black school shoes everyday except for sports days where students are to wear white joggers.



## Book Fair

The Book Fair is in full swing.

Parents and students are invited to purchase books today Wednesday 8:30am—9:00am, 3:00pm—3:30pm and 5:00pm—7:00pm ( parent information sessions)

and Thursday 8:30am—9:00am.

## Zooper Dooper Days

Everyone enjoyed their Zooper Doopers yesterday even if the weather was on the cooler side.

We are doing it again tomorrow, Thursday at lunch time.

Cost 30 cents each.



## General School Voluntary Contribution and Resource Fee

The school has in place a general voluntary school contribution and resources fee which can be paid to the school from this week. The fee is:

\$50 and is made up of a \$30 General Fee and \$20 that goes towards the cost of teaching & learning resources and library books. Maximum of \$100 per family.

Payments to be made to the office. Thank you.

## Electronic copy of Newsletter

Could I take this opportunity to ask all parents to supply their current and up to date email address, so that we can forward the newsletter to you each week. We will add you to our distribution list.

Please email: [merewether-p.school@det.nsw.edu.au](mailto:merewether-p.school@det.nsw.edu.au)



Don't forget to like us on Facebook. The School is now on Facebook! Share it

## Awards

At each weekly assembly, four students from each class are awarded a merit card for their great class work, their fabulous behaviour or their efforts toward making the school a great place to be. I would suggest that all school awards achieved by students be kept in a special folder.

Once a student has attained the required merits to be traded for the next higher award, they hand them back to their teacher to be stamped and returned and they will be presented with the *higher* award at the next school assembly.

Note, for the Blue and Gold Principals award, the student needs to also have a Citizenship Award to be able to claim the Principal's Award. The school staff and I keep a keen eye out for students who have shown to be true citizens of our wonderful school and will be presenting the Citizenship Award at assembly! Only those who show true Citizenship will get these awards.

	<b>5 Merit Awards</b>	<b>= 1 Gold Award</b>			
	<b>5 Gold Awards and 1 Citizenship Award</b>	<b>= BLUE Principal's Award</b>			
	<b>2 Principal's and 1 Citizenship Award</b>	<b>= Gold Principal's Award</b>			

## Congratulations to all award recipients

<b>KJ</b> Madison B Jaylan E Sehbastion S Emmersyn O	<b>1V</b> Jesse H Odin B William G Ashton C	<b>1/2N</b> Matilda B Tyrell J Leo T Harry W Molly H	<b>2/3S</b> Rusty T Olivia H Abby G Isla M
<b>3/4P</b> Alfie B Ashley J Susan M Kobe B	<b>4/5R</b> Jonah A Ben G Mikaela J Oskar J	<b>5/6M</b> Dekembe D Elwyn W Cayne F Alecia M	

Dates for your Diary	Date
School Banking	Every Tuesday
Book Fair	Tuesday 20 — Thursday 22 February
Parent Teacher Interviews—KJ, 1V, 1/2N, 2/3S	TONIGHT Wednesday 21 February 5:30pm to 6pm
Parent Teacher Interviews—3/4P, 4/5R, 5/6M	TONIGHT 21 February 6:15pm to 6:45pm
Assembly Item 1V	Friday 23rd February
Zone Swimming Carnival	Monday 26 February
Assembly Item 1/2N	Friday 2nd March
Water Fun day—Kindergarten to Year 2	Friday 9 March



## P&C News

### Dates for your Diary

**26th Feb** Easter Raffle tickets go home

**19th March** Next P&C Meeting  
MPS Staffroom, 7pm

**26th March** P&C Easter Raffle Drawn



### Canteen Update

*Response* continue to provide the lunch ordering service for our school canteen but are unable to run a counter service. The P&C is starting to organise a volunteer run counter service which will be trialled at the school. Ongoing renovations along with organising this means that it will not begin until later in the term.

If you're able to help the P&C organise and set up this service, please get in touch!

In coming weeks, the P&C will put out a request for volunteers to help run the canteen counter.

The school will be selling various ice blocks & snacks in the meantime so keep an eye on the school newsletter.

### CONTACT US

**Website:** [www.merewetherp.schools.nsw.edu.au/p-c](http://www.merewetherp.schools.nsw.edu.au/p-c)

**Email:** [merewetherpublicschool@pandcaffiliate.org.au](mailto:merewetherpublicschool@pandcaffiliate.org.au)

**Fundraising/Volunteering Email:** [merewetherpublicschool-fundraising@pandcaffiliate.org.au](mailto:merewetherpublicschool-fundraising@pandcaffiliate.org.au)

**Also find us on the MPS Skoolbag App, where you can set up notifications and volunteer.**



### Come & Try – Junior Rugby League

South Newcastle Junior Rugby League will be holding an information session for interested children and their parents on Wednesday, 28 February 2016 at Learmonth Park, Hamilton South; Time: 4.00pm – 6.00pm.

Souths are holding this afternoon session to provide an opportunity to come and learn some drills, interact with club coaches and understand some of the fun things they can experience; and also provide an opportunity for parents who may have questions regarding junior rugby league.

Sausage sizzle & drink for all children. Come and see how much fun you can have playing rugby league. Past and present Newcastle Knights and other NRL Club players will be attending the session.

Enquiries: Please contact Renae Carey at [southjrlfc@gmail.com](mailto:southjrlfc@gmail.com) or Graeme Fitzgerald on 0407 093 662.



### Greenfood Services online menu

OPEN : MONDAY - FRIDAY orders before 9am to be served in first break

Please place order online at <https://www.flexischools.com.au/>

We always aim to provide a healthy choice! The Menu is based on the approved NSW Canteen Fresh Choice Program.



## SNACK MENU

Cut Seasonal Fruit (i.e. watermelon, apple , strawberries etc.)	-----	\$1.00
Slinky Apple	-----	.80c
Cut orange	-----	.80c
Fresh Fruit Salad	-----	\$2.00
Carrot Sticks	-----	.60c
Cucumber Sticks	-----	.60c
Brown Rice Crackers & Cheese	-----	.80c
Health Pack ( cucumber, carrots, crackers & cheese)	-----	\$2.00
Popcorn	-----Lg	\$1.00
Yogurt	-----	\$1.00
Pikelet (in house)	-----	.80c
Low Fat Muffins (blueberry or choc chip)	-----	\$1.50
Banana Bread	-----	\$1.50
Custard Cup	-----	.80c
Custard Cup with milo	-----	\$1.00
Jelly Cup	-----	.50c
Pretzels	-----	\$1.00

## DRINK MENU

Macquarie Juices ( apple and blackcurrant, Apple or Orange)	-----	\$2.00
Spring Water	----- 600ml	\$1.50
Nippys Flavoured Milk (Chocolate, strawberry or banana)	-----	\$2.00
Sanitarium Up & Go (chocolate, vanilla or banana)	-----	\$2.00

## HOT FOOD MENU

ALL HOT FOOD COMES WITH CUTLERY (SPOON/FORK) WITH NO EXTRA CHARGE

Lean Beef Party Pie	-----	\$1.50
Sausage Roll	-----	\$2.00
Lean Beef Pie	-----	\$3.00
2 Chicken Tenders (Gluten Free)	-----	\$3.00
4 Chicken Tenders (Gluten Free)	-----	\$5.00
Spaghetti Bolognese (in-house)	-----	\$5.00
Macaroni Cheese (in-house)	-----	\$5.00
Lasagne (in-house)	-----	\$5.00
Nacho Dippers	-----	\$4.00
Sauces:( tomato, barbeque, sweet & sour sauce)	-----	.40c

## WRAP MENU

Standard Wrap is Wholemeal

**Salad Wrap** (cucumber, tomato, carrot, Lettuce)----- \$4.00  
**Plain Ham Wrap** ----- \$3.00  
**Chicken Tender Wrap**----- \$3.00

## SANDWICH MENU

Standard Bread: Wholemeal. White Bread or Wrap upon request. ALL SANDWICHES  
COME WITH Margarine (request if not required) AND CAN BE TOASTED AT NO EXTRA  
CHARGE

**Plain Egg Sandwich** (boiled egg, mayo)----- \$2.50  
**Avocado and Light Cheese** ----- \$3.00  
**Tuna Sandwich** (tuna in spring water, mayo)----- \$3.00  
**Chicken Sandwich** (in house 100% grilled chicken breast)----- \$4.00  
**Garden Salad Sandwich** (cucumber, tomato, lettuce, carrot.) ----- \$4.00  
**Vegemite, Honey or Jam Sandwich** ----- \$2.00  
**Light Cheese** ----- \$2.00  
**Ham Sandwich**----- \$2.50  
**Ham and Light Cheese** ----- \$3.00

## SALADS

ALL SALADS COME WITH CUTLERY AT NO EXTRA CHARGE

**Garden Salad** (cucumber, lettuce, tomato , carrot) ----- \$4.00  
**Caesar Salad** (egg, croutons, bacon bits, lettuce, parmesan, caesar dressing)----- \$5.00

## BURGER and HOTDOGS MENU

(Monday-Thursday only)

**Cheese Burger** (grilled beef patty, tomato sauce, light cheese) ----- \$6.00  
**Beef Salad Burger**  
(grilled beef patty, tomato sauce, light cheese, lettuce, carrot and tomato)  
\$7.00  
**Chicken Cheese Burger** (chicken breast, mayo, light cheese) ----- \$6.00  
**Grilled Chicken Works Burger**  
(chicken breast, mayo, light cheese, tomato, lettuce) ----- \$7.00  
**Hawaiian Chicken Burger**  
(chicken breast, mayo, light cheese, lettuce, tomato, pineapple) ----- \$7.00  
**Veggie Burger** (veggie patty, mayo, light cheese, tomato, carrot, and  
lettuce)----- \$6.00  
**The Works Hot Dog**  
(skinless frankfurt, sauce of choice, cheese, lettuce, tomato, cucumber, carrot)  
\$6.00  
**Classic Hot Dog**  
(skinless frankfurt, tomato sauce, barbecue or mustard) ----- \$5.00  
**Cheesy Dog**  
(skinless frankfurt, sauce of choice, cheese) ----- \$5.00

## Meal Packs

### \$8 Basic Sandwich Pack

Three steps

1. Choose one main meal item.
2. Pick two snack items
3. Pick one drink

#### STEP 1: Choose from one of the following lunch items

- Strawberry Jam
- Cheese
- Vegemite
- Ham
- Chicken
- Tuna
- Egg
- Honey

#### STEP 2: Choose two of the following snacks

- Apple slinky
- Orange (cut)
- Cut Seasonal Fruit pack (ie. 2 types of seasonal cut fruit.)
- Health Pack ( carrot, cucumber, cheese and crackers)
- Brown rice cracker and cheese
- Popcorn
- Yogurt
- Fresh Fruit Salad (ie. 4 types of seasonal cut fruit.)
- Banana Bread
- Custard Cup
- Pretzels
- Low Fat Muffins (blueberry or choc chip)
- Pikelet
- Jelly Cup

#### STEP 3: Choose a drink

- 600ml Water
- 100% fruit juice (Orange, Apple and Blackcurrant, or Apple)
- Milk ( Chocolate, Strawberry, Banana)

### \$10 Super Salad or Wrap Meal Deal

Choose from one of the following lunch items

Three steps

1. Choose one main meal item.
2. Pick two snack items
3. Pick one drink

#### STEP 1: Choose from one of the following lunch items

- Garden Salad
- Caesar Salad
- Salad Wrap
- Salad Wrap with Meat

#### STEP 2: Choose two of the following snacks

- Apple slinky
- Orange (cut)
- Cut Seasonal Fruit pack (ie. 2 types of seasonal cut fruit.)
- Health Pack ( carrot, cucumber, cheese and crackers)
- Brown rice cracker and cheese
- Popcorn
- Yogurt
- Fresh Fruit Salad (ie. 4 types of seasonal cut fruit.)
- Banana Bread
- Custard Cup
- Pretzels
- Low Fat Muffins (blueberry or choc chip)
- Pikelet
- Jelly Cup

#### STEP 3: Choose a drink

- 600ml Water
- 100% fruit juice (Orange, Apple and Blackcurrant, or Apple)
- Milk ( Chocolate, Strawberry, Banana)

## \$10 Super Hot Food Meal Deal

Three steps

1. Choose one main meal item.
2. Pick two snack items
3. Pick one drink

### STEP 1: Choose from one of the following lunch items

- 4 Chicken Tenders
- Spaghetti Bolognese
- Macaroni Cheese
- Lasagne

### STEP 2: Choose two of the following snacks

- Apple slinky
- Orange (cut)
- Cut Seasonal Fruit pack (ie. 2 types of seasonal cut fruit.)
- Health Pack ( carrot, cucumber, cheese and crackers)
- Brown rice cracker and cheese
- Popcorn
- Yogurt
- Fresh Fruit Salad (ie. 4 types of seasonal cut fruit.)
- Banana Bread
- Custard Cup
- Pretzels
- Low Fat Muffins (blueberry or choc chip)
- Pikelet
- Jelly Cup

### STEP 3: Choose a drink

- 600ml Water
- 100% fruit juice (Orange, Apple and Blackcurrant, or Apple)
- Milk ( Chocolate, Strawberry, Banana)

## \$12 BURGER OR DOG MEAL DEAL Monday-Thursday

Three steps

1. Choose one main meal item.
2. Pick two snack items
3. Pick one drink

### STEP 1: Choose from one of the following lunch items

- Grilled Chicken Burger
- Veggie Burger
- Beef Burger
- Nacho Dippers
- Hotdog
- Cheesy Hotdog

### STEP 2: Choose two of the following snacks

- Apple slinky
- Orange (cut)
- Cut Seasonal Fruit pack (ie. 2 types of seasonal cut fruit.)
- Health Pack ( carrot, cucumber, cheese and crackers)
- Brown rice cracker and cheese
- Popcorn
- Yogurt
- Fresh Fruit Salad (ie. 4 types of seasonal cut fruit.)
- Banana Bread
- Custard Cup
- Pretzels
- Low Fat Muffins (blueberry or choc chip)
- Pikelet
- Jelly Cup

### STEP 3: Choose a drink

- 600ml Water
- 100% fruit juice (Orange, Apple and Blackcurrant, or Apple)
- Milk ( Chocolate, Strawberry, Banana)